

## Social Distance Sunday School #4

### Activities:

#### Coin Toss Tournament

*An activity that encourages learning through following guidelines and working as a group*

What You Need: Coins

What You Do:

- Pair the children up and give each pair a coin.
- Lead them to play a best-out-of-three coin toss:
  - One player calls heads/tails and then the other player tosses the coin into the air.
  - When it lands, if the coin is facing the way the first player called it, they win.
  - If it's not, the player who tossed the coin wins.
  - Pairs play three rounds, and the best out of three wins.
- The winners from the first round should pair up and play each other, and so on, until there is one ultimate winner.
- Collect the coins to use again later.

What You Say:

That was a fun game! Were you hoping for the coin to land right side up or upside down? *(Allow for answers. It's kind of a trick question!)*

We assume the way that's best for US to be right side up, but what happens when we put others first and encourage others to win?

That's called Humility! Humility could be the most upside-down thing of all for us, because let's be honest—it doesn't usually come naturally for us to put someone else first.

#### Riddles

*A warm up activity – Riddle page is at the end of the lesson.*

What You Do:

- When everyone is settled, challenge the group with the riddles from the Activity Page.
- Ask: What is the hardest riddle you've ever tried to solve?
- If time allows, let kids challenge each other with riddles they know or jokes they've heard

## Bible Lesson:

This month things are upside down because Jesus changes everything! And I'm so glad He does! His love means we are free and forgiven. As we've been making our way through the Bible together this year, you may have noticed something that tended to come up a lot: the religious leaders did NOT like Jesus or His message. They spent months plotting to silence Jesus, but none of their plans had been successful. In fact, Jesus had become more popular than ever! On the Sunday before Passover, Jesus entered Jerusalem to great CHEERS from the crowds.

But things were about to change for the religious leaders and their plotting, because one of Jesus' disciples, Judas, went to them with a plan. Judas said he would hand Jesus over to them in exchange for 30 pieces of silver. Jesus is God's Son, so He knows everything. That means He knew what Judas had planned. But He also knew that His mission was to face those who hated Him and to allow them to take Him without defending Himself.

Watch the story of Judas betraying Jesus here:

[https://www.youtube.com/watch?v=ctLaBEgqi\\_0](https://www.youtube.com/watch?v=ctLaBEgqi_0)

## Conversation:

And just like that, things happened as Judas had planned, and just like Jesus knew they would. The mob arrested Jesus and led Him away. Jesus' friends, who had promised to stay with Him through anything, ran away. Okay, everyone, give me one last sound. Let's make those runaway sounds. Jesus had chosen the path that would bring life for everyone—but it would cost Him everything.

Judas might have thought this had gone according to HIS plan . . . but it was actually part of God's plan all along. It had always been God's plan to send Jesus to be our Savior. Now the time had come for Jesus to put God's plan into motion, and Jesus followed through. He showed the perfect example of humility. He put US first when He died on the cross for our sins.

We can follow Jesus' example, too. We can choose to put others first.

How can you put others first?

But you and I know that's not always easy. Even Jesus had to beg God to help Him. So surely you and I need to ask God for help if we want to put others first. We need God's help in order to treat others the way we want to be treated. Let's talk to God about that now.

Pray:

Dear God, it's amazing to see how Jesus chose to put us first. Jesus was PERFECT. He had never done anything wrong. But He was willing to give up His life on the cross. He put us first when He died for us, and it was all part of Your good plan. We want to show humility and follow the example Jesus gave us, but we need Your help. Please give each of us the strength we need to put others first. We love You, and we ask these things in Jesus' name, amen

I have four legs and cannot walk. (table)

I am always on my way, but never ever arrive today. (tomorrow)

If I have it, I don't share it; if I share it, I don't have it. (secret)

What gets wetter the more it dries? (a towel)

What goes up and down but never moves? (stairs)

What can you hold without touching? (your breath)

What is black and white and read all over? (a newspaper)

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**What to Do:**

Print one copy for each small group.

**Riddles**

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# HUMILITY

WEEK  
**ONE**  
K-5<sup>th</sup> Grade

.....  
**PUTTING OTHERS FIRST  
BY GIVING UP WHAT  
YOU THINK YOU  
DESERVE**

## READ EPHESIANS 4:2

## DAY 1

This month is all about humility, putting others first by giving up what you think you deserve. What do you think you deserve? **Maybe . . . Win • Get your way • Be number one**

Humility is just the opposite. Humility isn't about you, it's about the people around you. That means you have to pay attention when you find yourself becoming impatient with others or pushing your way to the front. Because loving with humility means we put others first. What if you made a new list and considered what others deserve? Fill in the blanks below as you think about putting others first. The first one is completed to give you an example.

**My brother deserves patience, even when he's driving me crazy.**

My sister deserves \_\_\_\_\_.

My teacher deserves \_\_\_\_\_.

My friend deserves \_\_\_\_\_.

My mom/dad deserves \_\_\_\_\_.



Take a look at your answers above. Ask God to help you think about what others deserve so you can put them first this week.

## READ MICAH 6:8

## DAY 2

**Today's verse makes it pretty clear what God expects of those who follow Him. And it's not saying He expects us to be perfect.**

What God wants for us, what He expects of us, is pretty simple. We are called to act with justice—to treat others fairly. To love mercy—to choose kindness always. And to live humbly. God wants you to work hard at putting others first. He wants you to pay attention to the people around you and see how you can help. He wants you to choose to think about what someone else needs before you think about what you need. What does He expect? Humility.

Think about your day. Was there a time when someone else put you first? How did it make you feel? Was there a time when you chose to put someone else first? What happened?

Thank God for His love for you today and ask Him to help you "walk humbly" in His sight as you choose to put others first.

## READ ROMANS 12:3

## DAY 3

Have you ever accomplished something that made you feel proud? Maybe you finally got all A's on your report card. Maybe you landed that double back flip or made a free throw with a big swish.

When we accomplish things, it makes us feel good. But pride has a definite downside. When we start to think our accomplishments are all about us, and refuse to give God credit or acknowledge Him, that's when we get in trouble. That's why it's important that we "be reasonable" when it comes to how we think about ourselves. When you step back and remember that God is the one who makes everything possible, you won't let pride get in the way.

**Think about the last big thing you did that made you proud. Did you brag about it? Did you tell everyone? Did you give God credit?**

This week, practice "being reasonable." Each time you accomplish something and you find yourself starting to get puffed up with pride, bow your head and give God the credit instead.



## READ COLOSSIANS 3:12

## DAY 4

**When you stumbled out of bed this morning, what was the first thing you did after yawning and stretching? Did you get dressed?**

What if every time you got dressed, for one whole week, you thought about clothing yourself with humility? Stop for just a second and ask God to help you wear kindness like clothes and to walk with gentleness and patience.

One reason prayer is so important is because it reminds us that God is with us. When we ask God to help us live the way He wants us to live, He will. You are deeply loved by the God of all creation. So as you get dressed this week, ask God to help you walk in humility and put others first.

# PUT OTHERS

.....  
**FIRST.**

